

A Note From Marlene

One month ago, I opened the doors of Sheehy Care Advisors. If this first month has taught me anything, it's that I am nowhere near alone in caring — deeply — about where healthcare is headed.

In just a few weeks, I've reconnected with old colleagues and met brand-new friends: nurses, administrators, entrepreneurs, and clinicians who all share one thing in common — a fierce conviction that people deserve better care, and the willingness to do the work to get there.

This newsletter is where I'll share what I'm learning, who I'm meeting, and how we can build something bigger, together.

Highlights From Month One

- Reconnected with post-acute and healthcare leaders across Massachusetts — and met plenty of new faces just as committed to better care.
- Started building a trusted partner network spanning skilled nursing, home health, hospice, and specialty care across the Northeast.
- Heard, again and again, the same thing: there is no shortage of people who care. What's missing is a way to find each other.

Who I'm Looking to Meet

Healthcare has no shortage of people quietly doing extraordinary work. I want to find them — and connect them to the people who need them. That includes, but is absolutely not limited to:

- SNF operators looking to strengthen census, hospital partnerships, or clinical programs
- AI and health tech companies building tools that hand clinicians back time at the bedside instead of the keyboard
- DME companies making products that genuinely improve daily life — at home or in a post-acute setting
- MDs and NPs focused on health after 50 — for both men and women, from hormone health to healthy aging

If that's you, or someone you know, I want to hear about it.

Why It Matters

There are more advancements happening in healthcare right now than most of the public — and even some post-acute providers — realize. Real, practical, operational changes that are already improving how care gets delivered, one facility and one family at a time. Part of my mission with Sheehy Care Advisors is simply to shine a light on them, and connect the people making them happen with the people who need them.

What's Next: A Webinar, Built With You

I'm in the early stages of planning a webinar series — and I want it shaped by this community, not just by me. What questions do you have? What innovations deserve a spotlight? Who should be in the room? Reply to this email or reach out directly. This is a conversation, not a broadcast.

Let's Build This, Together

Healthcare doesn't get fixed with one grand gesture. It gets fixed piece by piece — one partnership, one conversation, one better-informed decision at a time. I'd love for you, or your organization, to be one of those pieces.

Let's work together to fix our healthcare system, piece by piece.

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Know someone who should be reading this? Forward it along.